ADHD Checklist for Identification Under the IDEA and Section 504/ADA: An Update

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The prevalence of students with attention deficit hyperactivity disorder (ADHD) is on the rise. First, according to the Centers for Disease Control, the number of children ages 4-17 with a diagnosis of ADHD has increased 41% since ten years ago.1 Second, the criteria for ADHD in the recently issued fifth edition of the Diagnostic and Statistical Manual of Mental Disorders have changed the initial age from 7 to 12, thus having the potential of more adolescents as well as adults qualifying for this diagnosis.2 Third, inconsistent and subjective procedures have led to over-diagnosis of this disorder.3 Fourth, school practices with regard to identifying students with ADHD under the Individuals with Disabilities Education Act (IDEA)4 and Section 504 (§ 504)5 vary widely.6

* This article was published in West’s Education Law Reporter, v. 366, pp. 585–595 (2019)
5 29 U.S.C. §§ 705(20) and 794.
6 E.g., George J. DuPaul, Andrea Chronis-Tuscano, Melissa Danielson, & Susanna N. Visser, Predictors of Receipt of School Services for a National Sample of Youth with ADHD, __J. ATTENTION DISORDERS (forthcoming 2019). Although the post-eligibility stage is beyond the scope of this article, school districts have also varied widely in their IDEA and § 504 services for students with ADHD. E.g., Craig F. Spiel, Stephen W. Evans, & Joshua M. Langberg, Evaluating the Content of Individualized Education Programs and 504 Plans of Young Adolescents with Attention Deficit/Hyperactivity Disorder, 29 SCH. PSYCH. Q. 452 (2014).
As an update of earlier versions, this checklist provides a systematic synthesis of the court decisions concerning eligibility of students ADHD under the IDEA and § 504. The organizing framework under each of these federal laws consists of the three overlapping stages of identification: 1) child find, 2) evaluation, and 3) eligibility. The source material is largely limited to court decisions, with references to the regulations and agency interpretations—the Office of Special Education Programs (OSEP) for the IDEA and the Office for Civil Rights (OCR) for § 504.


9 § 504 in this context serves as a shorthand reference for not only Section 504 of the Rehabilitation Act and its U.S. Department of Education regulations, but also the Americans with Disabilities Act (ADA) and its regulations. The reason is that this pair of laws have an identical definition of disability, with the ADA playing only a secondary role because it does not have provisions specific to public schools. Given its concurrent eligibility definition, however, the ADA extends the coverage of this document beyond public schools to private schools that are not recipients of federal financial assistance. Conversely, the coverage of this checklist does not extend to OCR letters of findings (LOFs) and hearing officer decisions under Section 504. For a comprehensive two-volume reference, which extends to the ADA and also includes OCR LOFs and hearing officer decisions, see PERRY A. ZIRKEL, SECTION 504, THE ADA, AND THE SCHOOLS (2011). For an example of an LOF where OCR found a violation for not evaluating a child with ADHD for Section 504 eligibility according to current standards, see Prince William Cty. Pub. Sch., 64 IDELR ¶ 139 (OCR 2014); Virginia Beach City Pub. Sch., 54 IDELR ¶ 202 (OCR 2009). For the latest policy memorandum specific to students with ADHD, see Dear Colleague Letter, 68 IDELR ¶ 52 (OCR 2016).

10 For an annotated outline of the case law in these various stages across the various IDEA classifications, see Perry A. Zirkel, The Law of Evaluations under the IDEA, 297 Ed.Law Rep. 637 (2013).

11 Although refined, supplemented, and updated for the special purpose of this identification checklist, the primary initial source of the court decisions was Stacy D. Martin & Perry A. Zirkel, Identification Disputes for Students with Attention Deficit Hyperactivity Disorder: An Analysis of the Case Law, 40 SCH. PSYCH. REV. 405 (2011). The coverage does not extend to court decisions where the court identified but opted not to address the issue of eligibility under the IDEA or § 504. E.g., Zachary M. v. Bd. of Educ. of Evanston Twp. High Sch. Dist., 829 F. Supp. 2d 649, 279 Ed.Law Rep. 798 (N.D. Ill. 2011) (ruling that student’s eligibility under § 504 need not be decided in light of the case’s resolution on various other grounds). Conversely, due to their negligible precedential value, hearing officer decisions are also not included. E.g., In re Student with a Disability, 119 LRP 18518 (Conn. SEA 2019) (ruling that teachers credibly testified that kindergartner’s ADHD did not impact his educational performance at school); San Francisco Unified Sch. Dist., 115 LRP 10496 (Cal. SEA 2015) (ruling that the evidence was not preponderant that the student met the criteria for OHI and had a resulting need for special education). Similarly, it does not extend to OCR and state education agency complaint investigations. E.g., Montgomery Cty. (AL) Sch. Dist., 73 IDELR ¶ 78 (OCR 2018); Reg’l Sch. Unit No 20, 114 LRP 36317 (Me. SEA 2014).
504—only serving the secondary purposes of underpinning the framework and filling selected gaps. Each item of the checklist is presented in the form of a yes-no question. The font size of the “X” entry in for each item approximates the weight of case law directly supporting the YES and NO answers, as cited in the respective accompanying endnotes.

The practical uses of the checklist include 1) having a systematic decisional framework for determining legal eligibility of students with ADHD, 2) readily accessing the court decisions interpreting each of the respective criteria, and 3) sorting out the sources of evidence that courts consider to be decisional factors. The major findings and conclusions are as follows:

- Child find, evaluation, and eligibility interact and overlap in varying ways, showing neither the legislation/regulations nor the court decisions have established bright-line boundaries.
- In the majority of cases, the student had other diagnoses in addition to ADHD.

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12 For the most recent such policy guidance, see Dear Colleague Letter, 68 IDELR ¶ 52 (OCR 2016). For a longitudinal summary of the agency rulings specific to students with ADHD, see Perry A. Zirkel & George J. DuPaul, Educational Policy, in ATTENTION DEFICIT HYPERACTIVITY DISORDER: CONCEPTS, CONTROVERSIES, AND NEW DIRECTIONS 341 (Keith Burnett & Linda Pfiffner, eds. 2008). Although the Joint Policy Memorandum in 1991 was a notable landmark, the crystallized legal starting point for the case law was the express addition of ADHD in the illustrative list, along with the accompanying clarification of the meaning of “limited alertness,” in the 1999 regulations’ definition of other health impairment (OHI).

13 The entries, represented by three successive sizes of an “X,” are only a tentative approximation on a national basis, with successively higher weightings for unofficially published federal district court decisions, officially published federal district court decisions, unofficially published federal appellate decisions, and officially published federal appeals court decisions. The intervening variables include not only the interpretation of the court’s opinion, especially given the overlap of the categories and the frequent presence of additional diagnoses, but also—and most significantly for a particular setting—the jurisdictional fit of the cited case law.


15 For an exploration of the identification and role of co-morbid diagnoses, see Martin & Zirkel, supra note 11, at 413-14. Although this line is also far from bright, the coverage here does not include cases in which ADHD seemed to be secondary to other diagnoses, see, e.g., T.B. v. Prince George’s Cty. Bd. of Educ., 897 F.3d 566, 356 Ed.Law Rep. 977 (4th Cir. 2018); Kravietz v. Galveston Indep. Sch. Dist., 900 F.3d 673, 357 Ed.Law Rep. 875 (5th Cir. 2018) Z.J. v. Bd. of Educ. of Chicago Dist. 299, 344 F. Supp. 3d 988, 361 Ed.Law Rep. 749 (N.D. Ill. 2018).
• Most of the court decisions focus on subsequent essential elements of eligibility rather than whether the diagnosis of ADHD is credible.\textsuperscript{16}

• A diagnosis of ADHD does not suffice for identification under the IDEA; indeed, the majority of IDEA child find and eligibility rulings have been adverse to the plaintiff-parents.\textsuperscript{17}

• Although the IDEA classifications at issue were not limited to OHI,\textsuperscript{18} the primary decisional criterion for both the child find and eligibility cases was neither the ADHD diagnosis nor the IDEA classification criteria but rather the need for special education\textsuperscript{19}; yet, the judicial basis for this determination varied rather widely, with grades, standardized test scores, general education interventions, and expert—including teacher—opinion being the most frequent considerations.\textsuperscript{20}

• The relevant case law specific to the various IDEA requirements for evaluation was relatively superficial in its level of scrutiny.\textsuperscript{21}

• One of the key intervening factors, typical of litigation more generally,\textsuperscript{22} was the judge’s perspective.\textsuperscript{23}

\textsuperscript{16} In examining the battle of experts between the parents’ clinical psychologist and the district’s school psychologist, one court concluded: “there is no ‘magic formula’ for diagnosing ADD in adolescents.” \textit{Richland Sch. Dist. v. Thomas P.}, 32 IDELR ¶ 233 (W.D. Wis. 2000).

\textsuperscript{17} The prior study found relatively equal frequencies of judicial outcomes for eligibility, but it counted the court decisions without differentiated weighting in terms of precedential value. \textit{Id.} at 410.

\textsuperscript{18} Although OHI was the predominant classification, the most frequent alternatives—as in Martin & Zirkel, supra note 11—were, to a roughly equal extent, SLD and ED.

\textsuperscript{19} Although some scholars and courts treat the regulatory requirements for “adversely affect” and “educational performance” as separate criteria, the reference herein to the need for special education is a broad-based rubric that includes them.

\textsuperscript{20} As seen in the parentheticals listed after the cited court decisions in the checklist endnotes, the wide variance applied to not only the combination but also interpretation of these factors. As these parentheticals also show, in some cases a 504 plan was a factor in deciding the child find or eligibility issue.

\textsuperscript{21} This characteristic, which has limited exceptions and which contrasts with professional concerns, comports with the trend in evaluation case law more generally. \textit{E.g.}, Zirkel, supra note 10.

\textsuperscript{22} In addition to those specified supra note 20, and accompanying text, other intervening factors applicable to litigation more generally included the factual contours of the case and the effectiveness of the parties’ attorneys.
- A diagnosis of ADHD does not suffice for identification under § 504; although the case law is limited and the Americans with Disabilities Act Amendments Act (ADAAA) has made pertinent expansions, the knee-jerk use of a 504 plan as a consolation prize for not qualifying for an IDEA IEP is still clearly questionable.\(^{24}\)

- The key considerations under § 504, in the context of ADHD, are the identification of the directly limited major life activity—e.g., learning or concentration—and, even more importantly, the determination of “substantially” according to current interpretive standards, which include discounting the ameliorative effects of mitigating measures.\(^{25}\)


\(^{24}\) The expansion of illustrative major life activities to include concentration and the reversed role of mitigating measures, such as medication, in the determination of limitation merit revised consideration. However, the retention of the average peer in the general population as the frame of reference for substantial limitation (infra endnote 37) means that the lack of a need for special education in a not inconsiderable number of the cases will mean that the child is not entitled to either IDEA or § 504 eligibility, with general education interventions being the legally defensible answer. The key in any event is an individualized, rather than automatic, determination based on the revised § 504 disability standards.

\(^{25}\) In addition to the revised standards under the ADAAA, which went into effect on Jan. 1, 2009, the continuing standard of the average person, or most people, in the general population merits careful application. The pertinent case law to date has been notably limited, but more litigation is likely.
### UNDER THE IDEA

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<thead>
<tr>
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<th>YES</th>
<th>NO</th>
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#### A. CHILD FIND

| 1) Reason to suspect both C1 and C2 below? | X² | X₃ |
| 2) If YES for A1, initiating evaluation within reasonable period? | x⁴ |

#### B. EVALUATION

| 1) Appropriate? | X⁹ | X¹⁰ |
| - e.g., various sources (including standardized tests, grades, behavioral data, parental information, and any IEEs) | |
| - e.g., all areas of suspected disability | |

#### C. ELIGIBILITY

| 1) Preponderant evidence of meeting the criteria of an IDEA classification: | |
| a) other health impairment (OHI) | |
| - a chronic or acute health problem resulting in limited ... alertness—i.e., credible diagnosis of ADHD? | X¹⁶ | X¹⁷ |
| - if state law or district policy/practice requires a physician to make this diagnosis, the obligation is on the district, not the parent | |
| - in any event, the district may not condition the evaluation (or services) on medication of the child | |
| -- OR -- | |
| b) specific learning disability (SLD) | |
| - basic psychological processing disorder—i.e., credible diagnosis of ADHD? | x²⁰ | x²¹ |
| - severe discrepancy or RTI criteria | |
| -- OR -- | |
| c) another IDEA classification—e.g., emotional disturbance (ED) | |
| 2) If YES for C-1a, C-1b, or C-1c, does this classification adversely affect the child’s educational performance to the extent of necessitating special education? | X²₆ | X²₇ |
## UNDER SECTION 504

<table>
<thead>
<tr>
<th>A. Child Find (^{28})</th>
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<tbody>
<tr>
<td>1) Reason to suspect C1 thru C3 below?</td>
<td>x (^{29})</td>
<td></td>
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</tbody>
</table>

## B. Evaluation \(^{30}\)

## C. Eligibility \(^{31}\)

1) Preponderant evidence of meeting these three criteria:

- a) mental or physical impairment—i.e., credible diagnosis of ADHD? \(^{32}\)

-- AND --

- b) limiting a major life activity – expanded under the ADAAA (effective 1/1/09) \(^{33}\)
  - e.g., learning
  - e.g., concentration \(^{34}\)
  - other: social interaction \(^{35}\)
    - behavioral control? \(^{36}\)

-- AND --

- c) substantially – similarly liberalized under the ADAAA
  - still, compared to the average student in the general population \(^{37}\)
  - but, without the effects of mitigating measures, e.g., medication or interventions \(^{38}\)
months between reasonably suspecting eligibility and referral for an evaluation was too long, citing other, non-
problem and request assistance); Hartford Bd. of Educ. v. Nw. Local Sch. Dist., 68 IDELR ¶ 214 (E.D. Pa. 2015) (relying primarily on teacher judgment and grades); Colvin v. Lowndes Cty. Sch. Dist., 144 F. Supp. 2d 504 (N.D. Miss. 1999) (parental request for testing plus academic performance, including general ed interventions). For a decision inconclusively in the parents’ favor, see E.S. v. Konocti Unified Sch. Dist., 55 IDELR ¶ 226 (N.D. Cal. 2010) (denying dismissal of parents’ appeal of hearing officer’s decision rejecting their child find claim); cf. Doe v. Dublin City Sch. Dist., 453 F. App’x 606, 277 Ed.Law Rep.171 (6th Cir. 2011) (interim order for evaluation but ultimate dismissal for failure to exhaust impartial hearing process); Liberty Cty. Sch. Sys. v. John A., 33 IDELR ¶ 33 (S.D. Ga. 2000) (hearing officer found child find violation but this court’s decision was limited to the stay-
pot during the appeal).  

† 34 C.F.R. §§ 300.111(a) (collective—obligation to identify, locate, and evaluate “all children with disabilities in the State … who are in need of special education and related services”) and 300.111(c) (individual—including “[c]hildren who are suspected of being a child with a disability … and in need of special education, even though they are advancing from grade to grade”).  

pot during the appeal).  


4 El Paso Indep. Sch. Dist. v. Richard R., 567 F. Supp. 2d 918, 236 Ed.Law Rep. 679 (W.D. Tex. 2008) (13 months between parental request and district’s offer was too long, citing other, non-ADHD cases and circumstances); cf. W.B. v. Matula, 67 F.3d 484, 104 Ed.Law Rep. 28 (3d Cir. 1995) (denying district’s motion for summary judgment summary judgment, thus preserving for further proceedings whether six months between reasonably suspecting eligibility and referral for an evaluation was too long).
The IDEA requires the IEP team to “consider” (i.e., give due weight) to any IEEs that the parent shares with the team. E.g., K.E. v. Indep. Sch. Dist. No. 15, 647 F.3d 795, 270 Ed.Law Rep. 479 (8th Cir. 2011); T.S. v. Bd. of Educ., 10 F.3d 87, 87 Ed.Law Rep. 386 (2d Cir. 1993) (interpreting and applying 34 C.F.R. 300.502(c)(1)). For the separable issue of when the district must pay for the IEEs, see, e.g., Perry A. Zirkel, Independent Educational Evaluation Reimbursement under the IDEA: The Latest Update, 341 Ed.Law Rep. 555 (2017).

See supra endnote 5 and infra endnotes 9–10. For the additional identification and application of such examples, including NCLB testing and motivational considerations, see infra endnotes 26–27.

8 See infra endnote 10.


11 20 U.S.C. § 1402(3)(A); 34 C.F.R. §§ 300.8(a) and 300.8(c). For SLD, additional provisions are id. §§ 300.307–300.311. For ADHD, OSEP has clarified that the child may be gifted (or otherwise have “high cognition”) and still eligible if meeting the criteria for IDEA eligibility. Letter to Anonymous, 55 IDELR ¶ 172 (OSEP 2010).

12 The IDEA regulations, starting in 1999, made the fit all the more clear by not only adding ADHD to the list of illustrative chronic and acute health conditions, but also clarifying that limited alertness includes “a heightened alertness to environmental stimuli, that results in limited alertness with respect to the educational environment.” 34 C.F.R. § 300.8(c)(9).

13 The IDEA allows other “qualified personnel other than a licensed physician” to make this diagnosis for purposes of OHI eligibility (as distinct from medical purposes). E.g., Letter to Anonymous, 34 IDELR ¶ 35 (OSEP 2000); Letter to Williams, 20 IDELR 1210 (OSEP/OCR 1993); Letter to Parker, 18 IDELR 963 (OSEP 1991); cf. Questions and Answers on Individualized Educational Programs, Evaluations, and Reevaluations under the IDEA, 111 LRP 63322 (OSERS 2011) (no requirement for a medical diagnosis under the IDEA).

14 Leslie B. v. Winnacunnet Cooperative Sch. Dist., 28 IDELR 271 (D.N.H. 1998) (state law); M.J.C. v. Special Sch. Dist. No. 1, 58 IDELR ¶ 288 (D. Minn. 2012) (local policy or practice). For identification of the minority of states that either require medical verification or medical information, see Kerry Schutte, Kate Piselli, Ara Schmitt, Maura Miglio-Retti, Lauren Lorenzi-Quigley, Amy Tiberi & Noah Krophner, Identification of ADHD and Autism Spectrum Disorder, 46 COMMUNIQUÉ 4 (Sept. 2017). In any event, the diagnosis shall be at no cost to the parents. See OSEP policy letters, supra note 13. However, reflecting the
overlap of the three succeeding steps, the trigger is the child find “reason to suspect”; OSEP policy beyond but including ADHD has long been that a district may deny a parental request for an evaluation upon proper notice (unless state law requires evaluation upon demand) and, without parental request, does not need a diagnosis of ADHD where there is no reason to suspect eligibility. E.g., Memorandum to State Directors of Special Education, 56 IDELR ¶ 50 (OSEP 2011).


17 Burnett v. San Mateo Foster City Sch. Dist., 739 F. App’x 870 (9th Cir. 2018).


19 The applicable approach primarily depends on state law. E.g., Perry A. Zirkel & Lisa B. Thomas, State Requirements and Recommendations for Implementing RTI, 43 TEACHING EXCEPTIONAL CHILD. 60 (Sept./Oct. 2010); Perry A. Zirkel & Lisa B. Thomas, State Laws for RTI: An Updated Snapshot, 42 TEACHING EXCEPTIONAL CHILD. 56 (Jan./Feb. 2010). In the majority of states, the state permits both approaches, leaving the choice to each school district. Id.


21 S.B. v. San Mateo-Foster City Sch. Dist., 2017 WL 4856868 (N.D. Cal. Apr. 11, 2017), aff’d on other grounds sub nom. Burnett v. San Mateo-Foster City Sch. Dist., 739 F. App’x 870, 359 Ed.Law Rep. 69 (9th Cir. 2018). The rest of the limited case law tends to focus on criteria subsumed here under item C-2, the second prong of eligibility. E.g., C.M. v. Dep’t of Educ., State of Haw., 476 F. App’x 674, 283 Ed.Law Rep. 850 (9th Cir. 2012) (achieved commensurate with age/ability); C.B. v. Dep’t of Educ. of City of N.Y., 322 F. App’x 20, 246 Ed.Law Rep. 58 (2d Cir. 2009) (lack of adverse impact on educational performance); Hood v. Encinitas Union Sch. Dist., 486 F.3d 1099, 220 Ed.Law Rep. 518 (9th Cir. 2007) (former state law criterion of correctable “through other regular or categorical services offered within the regular instructional program”).


25 Although the bridging criterion of adverse effect on educational performance is expressly part of the classification criteria (except for SLD) and some courts regard it as a separable intermediate eligibility prong, it is subsumed herein under this second prong because the need for special education effectively provides the answer to the requisite extent of the adverse effect on educational performance. The cited court decisions vary in their foci, such as the scope of educational performance, but most uses as decisional factors the sources of data that practitioners associate with general v. special education.

disorder, but not substantial). “Concentrating” on ADHD measurement, see George on ADD due to its close connection and measurement issues. For available tools to address the pertinent Section 504 determinations. Letter to Williams, 20 IDELR 1210 (OSEP/OCR 1994).


OCR has made clear in its policy interpretations that the trigger for child find—parallel to that under the IDEA for its different definition for eligibility—is reason to suspect, not parental suspicion or demand. E.g., Letter to Mentink, 19 IDELR 1127 (OCR 1993); OCR Memorandum, 19 IDELR 876 (OCR 1993). The final qualifier, “need for special education or related services,” squares with the substantive side of the definition of FAPE in the § 504 regulations (34 C.F.R. § 104.33(b)) but poses a potential glitch with the procedural side, which would seem to require evaluation of students who, depending on the effect of mitigating measures or remission, do not need FAPE but are still eligible as having a disability. See Dear Colleague Letter, 58 IDELR ¶ 79 (OCR 2012) (Q/A 9 – ADHD example; Q/A 10 – reasonable modifications; and Q/A 11 – nondiscrimination protection).

Lauren G. v. W. Chester Area Sch. Dist., 906 F. Supp. 2d 375, 292 Ed.Law Rep. 680 (E.D. Pa. 2012) (psychiatric hospitalization plus multiple diagnoses, including ADHD); cf. Brown v. Sch. Dist. of Phila., 59 IDELR ¶ 130 (E.D. Pa. 2012) (inconclusive—possible liability preserved for further proceedings); T.J.W v. Dothan City Sch. Dist., 26 IDELR 999 (M.D. Ala. 1997) (inconclusive—possible liability preserved for further proceedings, with clarification that “without evidence that she had been adequately trained as to the applicable standards for referral, a reasonable fact finder could conclude that her decision that the Plaintiff was not in need of special services so as to require a referral was a gross departure from professional standards, given the evidence that she suspected that the Plaintiff had ADD”).

30 34 C.F.R. § 104.35(b)-(c) (including valid instruments, varied sources, and knowledgeable team).


32 Via joint issuance of the policy interpretation regarding “qualified personnel other than a licensed physician” (Letter to Williams, 20 IDELR 210 (OCR/OSEP 1993)), OCR applied it to Section 504 eligibility determinations. Letter to Williams, 20 IDELR 1210 (OSEP/OCR 1994).


34 This new statutorily recognized major life activity is an expanded basis for § 504 eligibility based on ADD due to its close connection and measurement issues. For available tools to address the pertinent measurement, see George J. DuPaul & Perry A. Zirkel, Section 504 Eligibility Determinations: “Concentrating” on ADHD, 47 COMMUNIQÛ 8 (Mar./Apr. 2019).

36 *T.J.W. v. Dothan City Bd. of Educ.*, 26 IDELR 999 (M.D. Ala. 1997) (inconclusive as to whether it was substantial).
38 *E.g.*, Dear Colleague Letter, 68 IDELR ¶ 52 (OCR 2016).